



you can develop an email campaign (snack), a sample data visualizations (snack), an infographic or video that highlights different features (snack), and a variety of social media messages (bite). When creating your bites, snacks, and meals, the key thing to remember is to keep your main message or bottom line consistent. Happy cooking!

Resources

Data Visualizations

The Centers for Disease Control and Prevention's National Environmental Public Health Tracking Network (www.cdc.gov/ephrtracking) has tools to help you create data visualizations for your bites, snacks, or meals.

- Data Explorer: Create custom maps, charts, and tables on over 500 environmental and health data measures on the Data Explorer. Use the Data Visualization Embed feature to get a custom HTML code to embed any visualization into your webpage.
- API: If you are a developer or have an application, you can use the Tracking Network's application program interface (API) to import publicly available data on the Data Explorer into your own application.

Social Media and Infographics

There are many other free or low-cost tools, such as Canva (www.canva.com) and Piktochart (www.piktochart.com), that you can use to create bites and snacks like social media content and infographics.

Visual Abstracts

A resource for developing visual abstracts for journal articles and other research is the Visual Abstract Open Source Primer (www.surgeryredesign.com/resources)